• Internship Process
• Internship Goals
• Internship Requirements
• Responsibilities of an intern
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• Consequences of not completing internship
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Internship is a period of supervised practical practice for medical and dental graduates where they serve in hospitals for a specified period before registration.

Every intern shall be required to undergo an internship training program for a period of one (1) year.

List of approved Internship Training Centres on www.medicalboard.co.ke

Every intern will be required to undertake the internship period on rotational basis each comprising of 3 months in the following areas:

**Medical**

i. Internal Medicine  
ii. Paediatrics and Child Health  
iii. Surgery  
iv. Obstetrics and Gynecology

**Dental**

i. Oral and Maxillofacial Surgery  
ii. Prosthetics and Conservative Dentistry  
iii. Periodontology  
iv. Pediatric Dentistry and Orthodontics
1. An intern is expected to consolidate his or her knowledge, skills and *attitudes* to enable them be competent medical or dental practitioners.

2. To enable the intern acquire knowledge of commonly used drugs and their rational use, be conversant with the National Essential Drug List and know the dangerous drugs and poisons Act and its application.
INTERNERSHIP REQUIREMENTS

• Copy of a posting letter from the Ministry of Health.

• An Internship Guideline Log Book from the Medical Board (downloadable from www.medicalboard.co.ke).

• Internship license issued by the Board.

NB:

a) An internship license and guideline log book are mandatory requirements before the commencement of internship.

b) It is illegal to undertake internship without and internship license issued by the Board.
They include but not limited to the following:-

1. Clerking patients
2. Undertaking relevant investigations
3. Guiding relatives and patients with regards to diagnosis, treatment and follow up.
4. Documenting and updating patients notes
5. Writing accurate and informative case summaries
6. Participating in Continuous professional development activities.
7. Appropriate handing over of patients
8. Reporting to and consulting with the supervisor
9. Maintaining professional demeanor and conduct
10. Participating in tracking of patients
11. Performing any other duty assigned by the supervisor
Interns will be subject to the rules of employment with the relevant authorities under which they work.

An intern is deemed to have failed internship under the following circumstances:

a) Professional incompetence which includes:-
   i. Performance below average in knowledge and skills
   ii. Failure to undertake most of the key activities prescribed in the log book.

Contd..
b) Professional and general misconduct including:

i. Negligence in management of patients
ii. Engaging in inappropriate relationships with patients
iii. Abuse of patient confidentiality and trust
iv. Lack of sense of responsibility.
v. Inappropriate dressing.
vi. Lack for respect for patients, the public and colleagues.
vii. Indiscipline such as absence from duty without good cause and reporting late to work.
viii. Substance abuse
a) Extension of internship period.

b) Discontinuation from the program.

c) Being subject to the Board’s disciplinary process

d) Being subject to the Laws of the Land
On completion of internship, the doctor shall apply for registration to the Board which will be subject to:-

1) Successful completion of internship as evidenced by the completed assessment forms,

2) Signed logbooks and reports for internship training centers.
The Board has is developing an internship feedback mechanism to address internship related concerns.

It has two sections:

- Feedback from Interns
- Feedback from Internship Centre Coordinators
MPDB Complex,
P.O Box 44839-00100
Nairobi
Hurlingham
Woodlands Rd, off Lenana Rd

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Good doctors understand responsibility better than privilege and practice accountability better than business.